

What Your Child Will Learn in First Grade

Grade 1 Learning Guide

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A guide to the skills typically taught and practiced during first grade.



Child's Name: _____

School Year: _____



Reading & Phonics

Introduced	Practicing	Mastered
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐



Writing & Spelling

Introduced	Practicing	Mastered
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐

123 Mathematics

Introduced	Practicing	Mastered
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐



We teach for
understanding, not speed.



Every new skill rests
on a foundation the child
can understand and use.



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Science

	Introduced	Practicing	Mastered
Observe and describe plants, animals, weather, and light	☐	☐	☐
Explore life cycles (plants, insects, and animals)	☐	☐	☐
Understand weather patterns and seasons	☐	☐	☐
Identify the sun, moon, and basic properties of light	☐	☐	☐
Explore properties of objects and materials	☐	☐	☐
Ask questions, make observations, and record findings	☐	☐	☐



Social Studies

	Introduced	Practicing	Mastered
Learn about families, communities, and helping others	☐	☐	☐
Understand rules and responsibilities	☐	☐	☐
Identify national and state symbols	☐	☐	☐
Locate places on a simple map or globe	☐	☐	☐
Learn about different cultures and traditions	☐	☐	☐
Learn about the past through family, history, and community	☐	☐	☐



Arts & Music

	Introduced	Practicing	Mastered
Explore drawing, painting, and mixed media	☐	☐	☐
Use color, shape, and pattern in creative work	☐	☐	☐
Learn about famous artists and different art styles	☐	☐	☐
Sing songs and explore rhythm, beat, and melody	☐	☐	☐
Play simple instruments or make their own	☐	☐	☐
Express ideas and feelings through art and music	☐	☐	☐



Health, PE & Life Skills

	Introduced	Practicing	Mastered
Practice good hygiene (handwashing, brushing teeth, etc.)	☐	☐	☐
Learn about healthy food choices	☐	☐	☐
Develop coordination and motor skills	☐	☐	☐
Build strength and flexibility through movement	☐	☐	☐
Learn about personal safety and making good choices	☐	☐	☐
Practice kindness, cooperation, and positive communication	☐	☐	☐

Suggested Learning Activities

- ♥ Use hands-on activities and real-life experiences
- ♥ Read together daily
- ♥ Play learning games and use manipulatives
- ♥ Explore nature, art, and music
- ♥ Encourage short, focused lessons with breaks
- ♥ Make learning fun and meaningful



Observe
Explore
Discover
Be Curious



People
Places
Communities
Make a Difference



Create
Explore
Express
Enjoy



Be Healthy
Be Active
Be Kind
Be Your Best

Preparing for Second Grade

- ♥ Strengthen reading fluency and comprehension
- ♥ Master addition and subtraction within 20
- ♥ Build confidence with time and money
- ♥ Write complete sentences and short paragraphs
- ♥ Continue exploring science and social studies
- ♥ Develop independence and a love of learning

We teach for understanding, not speed. We build confidence through small lessons, consistent routines, and meaningful repetition.

